Assignment #1 - Healthy Lifestyle Test

**Assignment Value: 10 Points**

Take the online Healthy Lifestyle Test at <http://www.queendom.com/tests/access_page/index.htm?idRegTest=1114>

Upon completion of the test email me the following information at tmcclanahan@gordonstate.edu Submit this information in the body of your email. Please do not send information in an attached document.

1. Your Name as it appears on the Georgia View Role
2. The class you are enrolled in (Course # and Section).

\*Example - PHED 1001 G

1. Name of Assignment: Assignment #1 – Healthy Lifestyle Test
2. Your score on the test.

\*This score will not be your grade you receive on this assignment.

1. Your comments on your results as well as what you learned about yourself completing this test.

**Submit before the deadline. See webpage for deadline.**