Interviewing & Counseling Test 2 Study Guide

* You will need to be able to identify the types of interactions we have already discuss in class, e.g. open vs closed questions, empathetic interchangeable response, etc.
* In chapter 6 on the key points page, I would focus on all of them. Be able to identify or give examples of encouragers , paraphrases, and summarizations. Also be familiar with the concepts of unconditional positive regard & acceptance and how they apply to counseling.
* In chapter 7 on the key points page, I would focus on the information in all but the last one. Make note of the information from Gottman in the next to last key point. Be able to distinguish reflection of feelings from the paraphrase.
* In chapter 8 on the key points page, I would focus on all of them. Be sure you understand the objectives of each stage, commonly used skills, anticipated results, and questions that you might ask at each stage.
* In chapter 9 on the key points page, I would focus on all of them. Be aware of the differences between family genogram and community genogram.
* In chapter 10 on the key points page, I would focus on all of them. On the test you will need to identify statements that represent the 5 levels of the client change scale. Be aware of the term empathetic confrontation and the use of paraphrasing, reflection of feelings, and summary. What is anticipated when we use confrontation?