Interviewing & Counseling: Final Exam Study Guide

* In chapter 1 **on the key points page**, I would focus on 1, 3, 5, 9, 10, 12. I would also know the 5 stage structure in order. Be able to write out the Respect model.
* In chapter 2, **on the key points page,** I would focus on 2, 3, 4, 5, 6 and 9. Be able to write out the 5 dimensions with each of the 17 sub-dimensions of the wellness model (indivisible self).
* In chapter 3, **on the key points page,** I would focus on 2 & 5, the 3 levels of empathetic responses, the function of mirror neurons in empathy, and the samurai effect.
* In chapter 4, **on the key points page,** I would focus on 2& 4, and be able to ID concrete vs. abstract statements as in the exercise on page 110.
* In chapter 5, **on the key points page,** I would focus on 2,3,4 and the potential problems with questions on page 127.
* In chapter 6 **on the key points page,** I would focus on 1-4. identify or give examples of encouragers, paraphrases, and summarizations.
* In chapter 7 **on the key points page,** I would focus 3 and be able to identify the difference between reflection and eliciting feelings.
* In chapter 8 **on the key points page,** I would focus on all of them. Be sure you understand the objectives of each stage, commonly used skills, anticipated results, and questions that you might ask at each stage.
* In chapter 9 **on the key points page,** I would focus on the 7 focus dimensions. Be aware of the differences between family genogram and community genogram.
* In chapter 10 **on the key points page**, I would focus on 1-3. On the test you will need to identify statements that represent the 5 levels of the client change scale.
* In chapter 11 be sure to know all the key points – definitions, difference between them, examples of each.
* In chapter 12 **on the key points page**, I would focus 4-7.
* In chapter 13 **on the key points page**, I would focus on 1-3.
* In chapter 14 know about decisional counseling as discussed on pages 352-356, ending with future diary (what’s that?).
* In chapter 15, know about decisional counseling, person-centered counseling, logotherapy, multicultural counseling and feminist therapy, crisis counseling, and cognitive behavioral therapy.